IBIZA EDITION

# U-DATING

THE ORIGINAL
CONSCIOUS DATING
EVENTS

FOR THOSE SEEKING

**AUTHENTICITY & DEEPER CONNECTIONS** 

SUNDAY: 08.09.2024 AGE GROUP: OVER 30 FROM 4.30 PM TO 11.30 PM





U-Dating lovingly guides you towards a nurturing relationship with your own heart and the hearts of others. This is a unique opportunity for personal development and authentic, honest encounters.

We focus on deep connections, personal growth, and pure authenticity. Unlike conventional dating platforms, U-Dating encourages genuine interactions and meaningful relationships.

#### What is U-Dating?

- Intimate Atmosphere: With a limited and carefully selected number of participants, we create a safe and intimate environment where real connections can thrive.
- Heartfelt Connections: U-Dating is designed for those who value not only finding a romantic partner but also engaging in personal growth, deep conversations, and authentic relationships.
- Beyond Superficiality: We go deeper than just swiping right or left, avoiding superficial interactions. Here, you are respected and appreciated as a feeling, loving, and authentic person. Be and come as you are.

## Who is U-Dating for?

- This Event caters to individuals over 30. Please check the event info for specific details.
- However, younger and older individuals are warmly welcome if they are interested in forming relationships with people within this age range.
- Feel welcome if... you respect clear boundaries and value the importance of mutual respect.
- U Dating is perfect for those not only seeking a partnership but also eager to better understand themselves and embark on a journey of personal development.

## **U-DATING FACILITATORS**







ELIANE © SPICY\_SPIRIT\_

### A Day of Love and Connection

- Deep conversations and enriching workshops
- Discover more about yourself and strengthen your relationships with others
- Dance and move to inspiring music
- Experience conscious touch and presence for a holistic experience
- Delight with delicious vegetarian snacks and salads

#### Feedback from U-Daters:

- "I absolutely loved the event. The atmosphere was very relaxed and harmonious. I also found the exercises very enjoyable." E.
- "Thank you for this wonderful experience. It was very moving and still is. I'm looking forward to seeing you again! All the best" C.
- "A day full of insights, lightness, laughter, profound encounters, and magical moments. Thank you!" S.
- "Your U-Dating event is the best thing that has ever happened to me in terms of dating. Please keep it up and continue bringing people together in an honest, natural, and profound way." C.

INFO & REGISTRATION: +39 329 74 23 897 CONTACT@SPICYSPIRIT.EU HTTPS://U-GROW.AT/EN/U-DATING-EN/



#### Sacred agreements

- Confidentiality
- Respect boundaries
- Self-responsibility
- Every exercise is an invitation, not an obligation.
- Empathy, compassion, connection, and joy guide us throughout the day.
- No alcohol, no drugs
- No photos or videos.

Price: 99 Euro

Please fill out the registration form, which you can find here under the link or QR code. You will also find the payment link there.

https://docs.google.com/forms/1Ct\_xVB6RV1EmPx JN5xiPsqq49LZrKqxkRfVS7MTk60U/edit



"We create a harmonious and safe environment, we reserve the right to refuse admission and refund to those who do not comply with the U DATING agreements."